

Know the FAACTs

School Staff Education

Topics to cover in education for school staff include basic food allergy medical facts, how to ensure students avoid allergens, the signs and symptoms of an allergic reaction, and how to enact emergency procedures.

School policies and guidelines should include:

- Daily management of food allergies, allergen avoidance measures, emergency response, how to address bullying of and discrimination against students with food allergies.
- Strategic placement of medication, identifying the locations for school staff and ensuring the medication is easily accessible and unlocked.
- Informing staff of all students who self-carry medications.
- Training school personnel in the administration of medications in accordance with governing laws.
- Emergency procedures
- “No food or beverage sharing” policies
- Seat placement (while limiting potential for social isolation)
- Reporting harassment, bullying, or threats made against food-allergic students
- Each student’s emergency care action plan and other important information
- Providing food allergy education for staff, students, parents, caretakers, and others who have contact with the student throughout the day.
- Identifying a core team to work with parents and the student to establish a prevention plan, including bus drivers, school counselors, teachers, substitute teachers, food service personnel, school administrators, the school nurse, and any other necessary individuals.
- Enforcing restrictions on permissible foods or school/classroom/district bans.
- Arranging for emergency drills to include school staff and first responders
- Following applicable federal laws and identifying students with food allergies who qualify for Section 504 and other plans.
- State and federal laws that may apply to students with food allergies (e.g., stock epinephrine laws, self-carry medication laws).
- District policies and individual healthcare plans, 504 plans, etc., and procedures.

Visit [FAACTs for Schools](#) for a complete, user-friendly, food allergy education program for schools.